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大灣區共同家園青年公益基金
Greater Bay Area Homeland Youth Community Foundation

行政總裁的話 CEO's Message

“促進香港青年於內地作廣泛交往 全面交流及深度交融”

轉瞬間，基金的工作已到了 2025 年第三季的尾聲。過去數月，基金積極推展了多項青年交流及考察活動，包括舉辦了兩個國際交流團，帶領共 80 名香港青年前往三個東盟國家考察，擴闊他們的國際視野。其中 4 月份與東華三院合作，為「共創明『Teen』校友會」基層中學生舉辦了「星馬體驗之旅」，及於 6 月完成了香港大學生印尼體驗之旅；為紀念東江水供港 60 周年，於 6 月底基金舉辦了一「東江水源考察之旅」，率領近 600 名青年前往江西贛州及廣東河源，為歷來最大規模的青年東江水考察團；此外繼續與學友社合辦「大灣區升學知多啲考察之旅」；及與無止橋慈善基金第二年合辦香港青年鄉村振興工作團；而 2025 年度「百萬青年看祖國」交流計劃亦正式啟動，34 個各有特色的交流團，促進香港青年於內地作廣泛交往、全面交流及深度交融。

除交流活動以外，基金亦舉辦了「熊貓保育聯萌」活動，全額資助近 1,000 名中小學生前往海洋公園探望熊貓寶寶及參與熊貓保育講座；為培養青少年在人工智能領域的發展，基金已連續四屆主辦「GenRobo 機械新人類計劃」，共超過 4,500 名基層中小學生受惠，本年度的 A.I. 培訓計劃已完成並於 7 月初舉辦了頒獎禮；為推動青少年積極參與運動，加強身心健康，基金與德天社會企業合作推出「青年運動發展計劃」，為青少年提供不同項目的運動訓練。另一方面，基金與中華廚藝學院合作的「中華飲食文化培訓計劃 — 潮汕篇」已在 8 月初順利完成 8 日的培訓課程，學員學習了潮菜精髓及體驗國家級非遺文化。

除了以上項目，基金旗下的 YO PLACE 為支持本地青年創業家發展業務，於今年內推出了「助小店 創未來」推廣支援計劃，邀請具創新、獨特創業理念或對社會有正面影響的小店加入，將其業務推廣給會員及在 YO PLACE 各社交媒體推廣。

今年接下來的數月，基金將繼續投放資源，支持多元化的青年服務。

As the third quarter of 2025 draws to a close, the Foundation has been actively engaged in promoting a variety of youth exchange and exploration activities. Over the past few months, we have organised two international exchange groups, which took a total of 80 Hong Kong young people from to three ASEAN countries to broaden their international perspectives.

In April, in partnership with Tung Wah Group of Hospitals, the Foundation hosted the 'Strive and Rise Alumni Club Singapore and Malaysia Experience Tour' for underprivileged secondary school students. In June, the 'Hong Kong University Students Indonesia Experience Tour' was successfully completed. Additionally, to commemorate the 60th anniversary of Dongjiang water supply to Hong Kong, nearly 600 youths participated in the largest-ever 'Dongjiang Water: Source Journey' at the end of June, visiting Jiangxi Ganzhou and Guangdong Heyuan. The Foundation also continued its collaboration with the Hok Yau Club for the 'Greater Bay Area Higher Education Exploration Tour' and worked with the Wu Zhi Qiao Charitable Foundation for the second year on the 'Hong Kong Youths Rural Revitalisation Tour'. Furthermore, the 'Mainland Exchange Programme' was officially launched, comprising 34 exchange tours with various themes to facilitate deeper integration of Hong Kong youth with the Mainland.

In addition to exchange activities, the Foundation organised the 'Panda Conservation Alliance' event, fully sponsoring nearly 1,000 primary and secondary school students to visit Ocean Park to meet panda cubs and participate in conservation lectures. To nurture youth development in artificial intelligence, the Foundation has successfully run the 'GenRobo' for four consecutive years, benefitting over 4,500 underprivileged students. This year's A.I. training programme concluded with an awards presentation ceremony held in early July. To encourage youth participation in sports and enhance their physical and mental health, the Foundation joined hands with the social enterprise Vivere Sky Group to launch the 'Youth Sports Development Programme', providing various sports training opportunities. Additionally, the 'Chinese Culinary Culture Training Programme — Chaoshan Edition', in partnership with the Chinese Culinary Institute, successfully completed an 8-day training course in early August, enabling participants to explore the essence of Chaoshan cuisine and experience national-level intangible cultural heritage.

Moreover, YO PLACE, under the Foundation, launched the 'Empower to Thrive' programme this year to support local young entrepreneurs by inviting innovative and socially impactful small businesses to join and promote their services to members and across the YO PLACE's social media platforms.

In the coming months, the Foundation will continue to allocate resources to support diverse youth services.

楊彬先生 Mr Yang Bin

粵港澳三地聯手舉辦十五全運會 展開體育盛事璀璨新篇章



由國家體育總局主辦的「全國運動會」是國家水準最高，規模最大的綜合性運動會，每四年舉辦一次，旨在促進全國各地的體育交流與發展，為運動員提供展示才華的平台。2025 年「第十五屆全國運動會」（下稱「十五運會」）將由廣東省、香港特別行政區和澳門特別行政區歷史性地首次聯合舉辦，展現粵港澳大灣區近年蓬勃發展及緊密連繫，盡顯廣東省及大灣區各城市的活力與魅力。

全國熱切期待的十五運會將於 11 月 9 日至 21 日舉行，以「激情全運會 活力大灣區」為主題口號，共同推動三地體育產業協同發展，打造「智慧、綠色、人文」的體育盛會，讓每一位參與者都能感受到運動的激情和友誼，見證體育盛典的輝煌時刻！

賽事亮點及賽區概覽

十五運會的賽事分佈在粵港澳共 17 個賽區，開幕禮將在廣州的廣東省奧林匹克體育中心舉行，以「圓夢未來」為主題，分為「同根同源、同心同緣、同夢同圓」三個篇章，冀展現中華傳統文化及粵港澳大灣區的壯闊圖景；閉幕禮則定於深圳市寶安歡樂劇場舉行，以「星辰大海」為主題，更首次使用開放式場地。

現時粵港澳多個城市正積極部署，共同為舉辦 34 個競賽項目作好準備；除個別場地的賽事外，十五運會其中的馬拉松比賽及公路單車賽更以跨境形式舉行，馬拉松比賽將從深圳起步，穿越香港並返回深圳作為終點；而公路單車賽事則首次利用港珠澳大橋作為賽道，連接三地，是十五運會中唯一跨越粵港澳的賽事，十五運會不但掀起運動熱潮，更展示了粵港澳的融合互動，期待民眾積極參與，見證三地共創的運動盛會歷史時刻。

打造「智慧、綠色、人文」體育盛會

十五運會全力推行「綠色全運」理念，以打造史上首個碳中和全運會為目標。賽區充分利用粵港澳地區既有資源，使用約九成的現有場館，大幅降低新建工程及營運所產生的碳排放與建造成本。各地政府更因地制宜，對重點場館實施綠色低碳改造。例如，廣東奧體中心體育館改造工程中增設太陽能板，並巧妙植入綠化藤蔓，形成具生態功能的綠色環廊，顯著提升節能效益。而天河體育中心場館則綜合運用建築與設備，提效減碳措施，優先使用綠色電能、光儲再生能源，拆圍透綠，打造首個近零碳大型體育場。各賽區全力將綠色低碳理念貫穿賽事全程，希望將運動與永續發展概念完美融合在十五運會之上。

此外，十五運會積極運用高科技打造智慧場館：場地全面配備5G 智能技術及先進直播設施，為觀眾與媒體提供流暢體驗。更引入智能導航系統，結合AR 技術與藍牙定位，有效解決觀眾「尋座位困難」的問題。觀眾還能透過語音識別、手勢交互等創新方式，即時獲取豐富賽事資訊。此外，賽事整合人工智能與機器學習算法，應用自主研發的「賽事關鍵時段精準天氣預報高階技術」，能針對重點賽區進行小時級以至分鐘級的精細化天氣預報，為賽事順利進行提供強大的氣象預警保障。

粵港澳賽區各城市以舉辦十五運會為契機，呈現煥然一新的城市形象，尤其向國際社會展示大灣區各城市獨特的文化底蘊和魅力。十五運會是融匯綠色理念與智慧科技的體壇盛事，除了推動運動發展，亦帶動各地的經濟、科技、文化、環保等領域的合作，及燃點各地民眾的自豪與歸屬感，並彰顯粵港澳地區深厚的人文關懷與軟實力，更為日後三地承辦國際頂級賽事鋪下重要基礎。

提升全民運動素養

距離十五運會愈趨接近，各運動員包括香港團隊都已積極備戰，香港運動員將會參加其中31項賽事，率先公佈出征的有曾三奪世錦賽銅牌的港乒混雙選手黃鎮廷及杜凱傑，他們將分別領軍出戰男女子乒乓團體賽、單打、混雙等競賽項目；體操項目（成年組）男子組及女子組賽事，分別由吳家祺、張正，以及陳卓琳、曾凱緣參賽；女子手球賽事方面，香港將派出陳錦玲、杜嘉敏及曾婉琳等18人作戰；至於跆拳道項目方面，女子組林小慧與蘇園婷將分別參與49公斤及57公斤賽事；男子組則由卓俊延、盧蔚豐及譚政南，順序挑戰58公斤、68公斤及80公斤賽事。射箭賽事交由陸國恒與鄭鴻婷參加複合弓混合團體賽，以及郭賢霽上場迎戰反曲弓男子個人賽。帆船女子49人級賽事則由曾奪帆船世錦賽冠軍的最佳拍檔Polson Emily Grace及麥曉彤上陣；至於男子愛爾卡7級（ILCA7型帆船）將由貝俊龍及杰朗風迎戰。近年新增的霹靂舞競賽項目，香港將派出曾子驊及陳嘉怡等人出賽；至於陳星辰及陳翔志將參加攀岩多個項目賽事。代表隊團員名單持續更新中，請密切留意十五運會公佈，屆時，可乘地理之便在粵港澳三地親身入場為港隊打氣，見證重要時刻。

為推廣全民運動素養，全運會自2017年設立群眾賽事活動，希望提供一個平台讓業餘運動員和普羅大眾也能參與全運會，體驗國家級的賽事。群眾項目分為比賽類和展演類。其中十五運會共有19項比賽類大項，包括乒乓球、羽毛球、網球、足球、籃球、氣排球、毬球、輪滑、龍舟、圍棋、象棋、國際象棋、橋牌、中國式摔跤、定向、空手道、門球、模型、保齡球；而展演類的4個項目則包括健身氣功、太極拳、舞龍舞獅、廣播體操。群眾體育項目的決賽已於5月在粵港澳三地陸續展開，港隊已在足球及毬球項目分別獲得2銀1銅及3銀1銅，成績斐然。而10月至11月將有羽毛球、橋牌、空手道、及舞龍舞獅等項目，展現大眾積極投入十五運會。

首推一個平台三地購票

為提升全民參與度，十五運會組委會預留至少65%的座位作公開銷售，門票以人民幣定價，票價由30元到800元不等，分為實名註冊、賽前賽時銷售兩個階段，按項目賽程分階段、分批次推出向公眾發售，並首次實現「一個平台，三地購票」的模式，全面施行「註冊先行，一票一證、實名觀賽」。十五運會另設實體門票銷售，可於香港中國旅行社的11間指定銷售點購買，同樣採用實名制度，購票者需提供本人及身份證明文件號碼，以及所有觀賽者姓名及身份證明文件以供核對。十五運會門票上月已於官方網站(ticket.baygames.cn)、微訊小程序及香港中國旅行社公開發售，售票情況遠超預期，想觀賞心水賽事及為心儀運動員打氣，就要盡快購票。

在觀看十五運會的同時，緊接其後舉辦的第十二屆殘運會暨第九屆特奧會（殘特奧會）亦會於12月8日至15日在三地舉行，大家也不容錯過。運動項目設有4個類別，分別讓肢體傷殘人士、智障人士、失明人士和失聰人士參與；殘特奧會共設46個大項，殘運會佔37項，特奧會則佔9項。藉此鼓勵殘疾人士參與運動項目，加強各地共融文化。

十五運會及殘特奧會精彩的賽事將令全國觀眾目不暇給，激發民眾對體育運動的熱愛，增強社會對健康生活方式的重視，讓我們熱切期待兩項運動會的隆重登場，更要為各參賽運動員打氣，共創千載難逢體育盛事。



圖片來源：香港特區政府新聞處 Photo from HKSAR Information Services Department



Guangdong, Hong Kong, and Macao Collaborate to Host the 15th National Games — Ushering in a New Era of Sporting Excellence

Organised by China's General Administration of Sport, the National Games represent the pinnacle of national sports competitions and are the largest of their kind in the country. Held quadrennially, these games not only foster sports development and exchange nationwide but also offer a prestigious platform for athletes to demonstrate their skills.

The 15th National Games, set for 2025, are poised to be a historic event as they will be jointly hosted by Guangdong Province, the Hong Kong Special Administrative Region, and the Macao Special Administrative Region for the first time. This unprecedented joint endeavour underscores the robust growth and deepening connections within the Guangdong-Hong Kong-Macao Greater Bay Area, highlighting the vibrancy and allure of its cities. Highly anticipated throughout China, the 15th National Games will take place from November 9 to 21. Themed 'Play for the Dreams in the GBA', the event aims to drive the integrated development of the sports sector across the three regions and to deliver an innovative, environmentally friendly, and culturally rich sporting experience. This celebration will allow participants to immerse themselves in the excitement of competition, the camaraderie of sportsmanship, and the splendor of a grand sporting festival.

Event Highlights and Venue Overview

The 15th National Games will utilise 17 venues across Guangdong, Hong Kong, and Macao, marking a groundbreaking collaboration among the three regions. The Opening Ceremony will take place at the Guangdong Olympic Stadium in Guangzhou, themed around the notion of 'Realising Dreams for the Future'. The ceremony will unfold in three acts: Shared Roots, Shared Hearts, and Shared Dreams, each designed to celebrate the richness of Chinese traditional culture and the grandeur of the Guangdong-Hong Kong-Macao Greater Bay Area. The Closing Ceremony, set under the themes of 'Stars and the Sea,' will happen at the Bao'an Happy Theater in Shenzhen. This event will be notable for its use of an open-air venue for the first time.

Preparations are in full swing across the three regions, which will host 34 competitive events. Special highlights include the marathon and the road cycling race, both of which will feature a cross-border course. The marathon will commence in Shenzhen, weave through Hong Kong, and circle back to Shenzhen for its conclusion. The road cycling race will make a historic run across the Hong Kong-Zhuhai-Macao Bridge, linking all three regions in a single thrilling course—making it the only event to span across Guangdong, Hong Kong, and Macao.

The 15th National Games are set to ignite a nationwide passion for sports, spotlighting the collaboration and interaction among the three regions. The public is invited to engage actively and witness this monumental unity and excellence in sports.

圖片來源：香港特區政府新聞處
Photo from HKSAR Information Services Department



operational framework, including a proprietary, high-precision weather forecasting system. This system can deliver hourly and even minute-by-minute weather updates for crucial venues, providing essential meteorological support for event continuity.

The cities of the Greater Bay Area are seizing the opportunity of the 15th National Games to refresh their urban identity and display their unique cultural heritage and

Creating a Smart, Green, and Culturally Rich Sporting Event

The 15th National Games is dedicated to embodying the vision of a sustainable event, aiming to become the first carbon-neutral edition in its history. To this end, the host cities across Guangdong, Hong Kong, and Macao are leveraging approximately 90% of pre-existing venues. This strategic move significantly curtails carbon emissions and construction expenses that new structures would entail.

Local authorities are spearheading green and low-carbon upgrades customised for each site. For instance, the Guangdong Olympic Sports Center has incorporated solar panels and eco-friendly corridors draped in vines, boosting both energy efficiency and environmental appeal. Similarly, Tianhe Sports Center has embraced a holistic strategy for carbon reduction, emphasising the use of green electricity and renewable energy sources like solar power and energy storage solutions. The venue, renowned for its expansive green spaces, is poised to become China's first near-zero-carbon large-scale sports stadium. Throughout the competition zones, a green and low-carbon ethos will permeate the Games, aiming for a seamless fusion of sport and sustainable development.

Moreover, the 15th National Games will harness state-of-the-art technology to establish smart venues. All locations will be equipped with 5G connectivity and sophisticated live broadcasting systems to ensure a seamless experience for spectators and media alike. Features such as augmented reality (AR) navigation and Bluetooth positioning systems will assist attendees in effortlessly finding their seats, while interactive access to event details will be facilitated through voice recognition and gesture control technologies.

In support of these innovations, the organisers have integrated AI and machine learning algorithms into the

allure to a global audience. This event is not merely a celebration of athletic prowess but also a showcase of green innovation and advanced technology. It promotes economic, scientific, cultural, and environmental collaboration, fostering a sense of pride and community among residents and underscoring the humanistic spirit and soft power of the Guangdong-Hong Kong-Macao region. This foundation significantly positions the three regions to host future world-class sporting events.

Enhancing Public Sports Literacy

As the 15th National Games rapidly approach, athletes nationwide, including the Hong Kong team, are actively preparing for the competition. Hong Kong athletes will compete in 31 events, with standout participants already announced. Mixed doubles table tennis champions WONG Chun-ting and DOO Hoi-kem, who boast three World Championship bronze medals, will spearhead the charge in the men's and women's team events, singles, and mixed doubles. In senior artistic gymnastics, NG Ka-ki, CHEUNG Ching, CHAN Cheuk-lam, and CHEN Hoi-yuen will represent Hong Kong in the competition, demonstrating their prowess across various disciplines.

Hong Kong's women's handball team will include 18 athletes such as CHAN Kam-ling, TO Ka-man, and TSANG Yuen-lam. In taekwondo, LAM Siu-wai and SO Yuen-ting will compete in the 49kg and 57kg women's competition, respectively, while CHIOK Chun-yin, LO Wai-fung, and TAM Ching Nam will compete in the 58kg, 68kg, and 80kg men's categories. Archers LUK Kwok-hang and CHENG Hung-ting will participate in the compound bow mixed team event, with KWOK Yin-chai entering the men's individual recurve competition. In sailing, world champions Emily Grace POLSON and MAK Hiu-tung will compete in the women's 49er FX class, and Nicholas Bezy HALLIDAY and Peter JESSOP will represent Hong Kong in the men's ILCA7 class. In the newly introduced breaking category, TSANG Tsz-wa

and CHAN Ka-yi will compete, while CHEN Sing-sen and CHAN Cheung-chi will challenge multiple sport climbing events.

The full roster of Hong Kong athletes is still under wraps. Please stay tuned for official announcements and take this unique opportunity to support the Hong Kong team by attending events in Guangdong, Hong Kong, and Macao, experiencing these pivotal moments firsthand.

To foster sports literacy among the public, the National Games introduced mass participation events in 2017. These events, designed to engage amateur athletes and sports enthusiasts, allow for direct participation in the excitement of a national-level competition. Divided into competition and demonstration categories, this year's Games consist 19 competitive sports including table tennis, badminton, tennis, football, basketball, light volleyball, shuttlecock, roller sports, dragon boating, Go, Chinese chess, international chess, bridge, Chinese wrestling, orienteering, karate, gateball, modeling, and bowling, while four demonstration sports are fitness qigong, dragon and lion dancing, and broadcast gymnastics.

The finals for these mass participation events began in May across Guangdong, Hong Kong, and Macao, with the Hong Kong team securing impressive results—two silver and one bronze medals in football, and three silver and one bronze in shuttlecock. From October to November, additional events such as badminton, bridge, karate, and dragon and lion dance will unfold, further highlighting the public's fervent participation in the 15th National Games.

Introducing a Unified Ticketing Platform Across Three Regions

To boost public participation, the organising committee of the 15th National Games has allocated at least 65% of seats for public sale. Ticket prices range from RMB 30 to RMB 800 and are released in phases according to the competition schedule. The sales process involves two stages: real-name registration and pre-event/on-site sales. For the first time, the Games have introduced a 'One Platform, Three Regions' ticketing model, enabling residents of Guangdong, Hong Kong, and Macao to purchase tickets through a unified system. The ticketing procedure adheres to a strict policy of registration-first,

one ticket per ID, and real-name admission. In addition to online sales, physical tickets can be purchased at 11 designated branches of China Travel Service in Hong Kong, also under the real-name system. Buyers are required to provide their identification number along with the names and ID numbers of all attendees for verification. Tickets for the 15th National Games went on sale last month through the official website (ticket.baygames.cn), a WeChat mini-programme, and China Travel Service Hong Kong, with demand surpassing expectations. Those eager to witness their favourite events or support their favourite athletes should act quickly, as tickets are selling out fast.

While reveling in the excitement of the 15th National Games, spectators should also look forward to the upcoming 12th National Games for Persons with Disabilities (NGD) and the 9th National Special Olympic Games (NSOG), scheduled from December 8 to 15 across Guangdong, Hong Kong, and Macao. These events are essential viewing. The competitions are categorised into four groups, accommodating athletes with physical, intellectual, visual, or hearing impairments. In total, the Games will host 46 major events, with 37 designated for the NGD and nine for the NSOG, aiming to foster sports participation among people with disabilities and promote a culture of inclusivity throughout the region.

The exhilarating competitions of both the 15th National Games and the NGD/NSOG promise to captivate audiences nationwide, igniting a passion for sports. These events are set to enhance appreciation for active lifestyles and health, while showcasing the resilience and skill of all athletes involved. Let's eagerly await the grand opening of these two remarkable sporting occasions, and join in cheering and celebrating our national sports extravaganzas.



圖片來源：香港特區政府新聞處 Photo from HKSAR Information Services Department

東江水源考察之旅 Dongjiang Water: Source Journey



東江水源澤港土、家國情懷暖兩地。為紀念東江水供港60周年，讓香港青少年深入了解東江供水工程的歷史，以及國家在水資源保護上的努力，由基金主辦，香港特別行政區政府民政及青年事務局協辦的「東江水源考察之旅」已於6月25日至27日順利舉辦，接近600名本地基層中學生、老師及青年義工乘坐高鐵專列往返，為歷來以香港青年為對象，規模最大的東江水考察團。此外，考察行程覆蓋面亦很廣，除參觀了江西省贛州市東江水的源頭「三百山」，亦到了廣東省河源市新豐江水庫大壩、萬綠湖等標誌性地點，見證國家水利成就。考察團由基金全額資助旅費，總支出近二百萬港元，旨在讓香港青年體會「飲水思源」的精神。

出發儀式於西九龍高鐵站舉行，主禮嘉賓包括：香港特別行政區政府民政及青年事務局局長麥美娟女士、中央人民政府駐香港特別行政區聯絡辦公室青年工作部二級巡視員張國來先生、大灣區共同家園青年公益基金常務副主席霍啟剛先生、大灣區共同家園投資有限公司總裁胡章宏博士、大灣區共同家園青年公益基金行政總裁楊彬先生、副行政總裁龔明明女士、廣東省港澳同胞接待辦公室主任陳浩先生，以及香港鐵路有限公司過境鐵路總管王家明先生。部份參與考察團的中學校長亦有出席出發儀式，香港特別行政區政府民政及青年事務局副局長梁宏正先生更隨團支持。





考察之旅行程豐富緊湊，包括參觀了華南地區最大人工湖——萬綠湖，面積達370平方公里，比香港島更大，是東深供水工程的重要水源地，調節東江流域水資源分配，保障粵港澳大灣區供水穩定；另外民青局副局長梁宏正亦參與了東江水源地三百山的行程，與同學們一起實地考察，攀上海拔最高1169米的主山峰，見證六十年來當地努力實施嚴格生態保護的工作，確保東江水質清澈。他們更踏上長達330米的玻璃天橋，俯瞰整個森林；行程最後一天，學生們踏上新豐江水庫大壩，近距離觀賞世界上第一座經受六級地震考驗的超百米高混凝土大壩，也是完全由國家自行設計、施工及安裝的大型水電大壩；為了讓學生見證企業如何實踐「水源地建廠、水源地生產」理念，行程亦到訪了農夫山泉工廠。此外，亦參觀了中國最大方形圍屋「東生圍」、館藏恐龍蛋化石冠絕全球的河源市恐龍博物館等。

這次旅程讓學生走出校園，增進對國家建設的認識，基金期待這些青年能將所學所見的訊息，於社會推動大家對水資源保護的關注，為建設可持續的未來而努力。

To commemorate the 60th Anniversary of the Dongjiang water supply to Hong Kong and foster a deeper understanding of the nation's water conservation efforts, the Foundation organised the 'Dongjiang Water: Source Journey', supported by the Home and Youth Affairs Bureau of Hong Kong SAR Government. This tour took place from June 25 to 27, involved nearly 600 Hong Kong youths including secondary students, teachers and youth volunteers. They travelled via a dedicated MTR high-speed train, marking this tour the largest of its kind. This expansive tour included visits to pivotal sites such as the





source of Dongjiang water at Sanbai Mountain in Ganzhou, Jiangxi Province, and the Xinfengjiang Reservoir Dam and Wanlu Lake in Heyuan, Guangdong Province. These sites exemplify the nation's accomplishments in water conservation. The Foundation generously covered all expenses for the tour, totalling approximately HKD 2 million, reinforcing the ethos of appreciating the origins and values of our resources, encapsulated in the saying, 'when you drink water, think of its source'.

Distinguished guests who attended the Set Off Ceremony at West Kowloon High-Speed Rail Station included: Miss Alice MAK, Secretary for Home and Youth Affairs of the HKSAR Government; Mr ZHANG Guolai, Second-class Inspector of Youth Department of the Liaison Office of the Central People's Government in the HKSAR; Mr Kenneth FOK, Executive Vice Chairman of the Greater Bay Area Homeland Youth Community Foundation; Mr HU Zhang-hong, CEO of Greater Bay Area Homeland Investments Limited; Mr YANG Bin, CEO of the Greater

Bay Area Homeland Youth Community Foundation; Ms Dionne KUNG, Deputy CEO of the Greater Bay Area Homeland Youth Community Foundation; Mr CHEN Hao, Director of Hong Kong and Macau Compatriots Reception Office of Guangdong Province, Mr Paul WONG, Chief of Cross Boundary Segment, MTR Corporation Limited and principals from some of the participating secondary schools. Mr Clarence LEUNG, Under Secretary for Home and Youth Affairs of the HKSAR Government showed his support by joining the tour.

This 'Dongjiang Water: Source Journey' allowed students to step outside the classroom and deepen their understanding of national development. The Foundation hopes these young people will share the knowledge and insights they gained with the community, promoting awareness of water resources protection and contributing to building a sustainable future.



熊貓保育聯萌

Panda Conservation Alliance



香港於去年迎來兩隻熊貓寶寶及兩隻新的大熊貓，令本地一共擁有六隻熊貓，成為內地以外，擁有最多熊貓的地方。為了讓基層學生近距離接觸大熊貓，以互動方式學習保育意識，基金於2025年4月29日在香港海洋公園舉辦「熊貓保育聯萌」活動，近1,000名來自13間官津中小學校的高小及初中基層學生免費參與。活動是熊貓寶寶自本年二月中公開亮相以來，歷來全港學生探訪規模最大的一次。歡迎儀式的主禮嘉賓包括：香港特別行政區政府民政及青年事務局副局長梁宏正先生、大灣區共同家園青年公益基金行政總裁楊彬先生、副行政總裁龔明明女士及助理總監王文文女士，海洋公園副行政總裁暨首席財務總監陳善瑜女士、動物及保育主管祝效忠先生和教育主管李美盈女士，場面熱鬧歡樂。活動透過探訪熊貓寶寶及大熊貓、參與「大熊貓竹夢之旅」，以及熊貓保育講座，讓學生認識大熊貓的保育及生物多樣性。

當天學生們興高采烈地一同前往熊貓館，近距離觀察大熊貓並拍照留念。同學們可以第一次探訪熊貓寶寶加加及得得，紛紛舉起手機記錄牠們的超萌動態：追逐玩樂，爬樹滾草地及與媽媽盈盈溫馨互動的情景，現場歡笑不斷。

今次的活動設計著重互動與知識傳遞，學生分組參與「大熊貓之旅」及「『竹』夢之旅」導覽，透過實地觀察了解熊貓的棲息環境與食性特點。而在海洋公園保育團隊主持的專題講座中，更介紹了國家在野外保育與人工繁殖的科研成果，及熊貓的各種食物，和如何從牠們的糞便中了解身體狀態等冷知識。

是次活動費用由基金全額資助，參與活動後，師生們繼續留園盡情享受歡樂的一天。學生離園時均顯得依依不捨，都說熊貓人見人愛，留下美好回憶。學生表示今次活動豐富了他們對保護瀕危動物的知識，未來會繼續關注自然保育的議題。



Last year, Hong Kong welcomed two adorable panda cubs and two new giant pandas, raising the total to six. This makes Hong Kong the region with the largest number of pandas outside mainland China. To give underprivileged students a close-up experience with giant pandas and to promote conservation awareness through interactive learning, the Foundation hosted the 'Panda Conservation Alliance' event at Ocean Park Hong Kong on April 29, 2025. Nearly 1,000 underprivileged primary and junior secondary school students from 13 government-funded schools participated at no cost. This event marked the largest student visit in Hong Kong since the panda cubs made their public debut in mid-February. The welcoming ceremony was officiated by distinguished guests, including Mr Clarence LEUNG, Under Secretary for Home and Youth Affairs of the Government of the HKSAR; Mr YANG Bin, CEO of the Foundation; Ms Dionne KUNG, Deputy CEO of the Foundation; Ms Stephy WANG, Assistant Director of the Foundation; Ms Ysanne CHAN, Deputy Chief Executive and Chief Financial Officer of Ocean Park Hong Kong; Mr Howard CHUK, Head of Zoological Operations & Conservation at Ocean Park

Hong Kong; and Ms Isabel LI, Head of Education at Ocean Park Hong Kong. The event focused on educating the youth about giant panda conservation and biodiversity through various activities, including visits to the panda cubs and the giant pandas, participation in the 'Panda Wonders: An Illuminated Journey', and a special lecture for panda conservation.

The students excitedly explored the Giant Panda Adventure getting up close with the pandas and taking photos. For some, it was their first time visit to see the pandas at Ocean Park. They delightedly watched the panda cubs, climb trees, roll on the grass, and interact affectionately with their mother, Ying Ying, filling the scene with laughter and joy.

The event focused on interactivity and knowledge sharing, with students participating in guided tours of the 'Giant Panda Adventure' and 'Panda Wonders: An Illuminated Journey'. Through on-site observation, they learned about the pandas' habitat and dietary habits. Additionally, a special lecture by the Ocean Park conservation team highlighted the country's achievements in wildlife conservation and artificial breeding, discussed various panda diets, and shared interesting facts, such as to assess pandas' health from their droppings.

The event was fully sponsored by the Foundation. After the panda activities, students and teachers enjoyed a fun-filled day at the park. As the event concluded, students expressed their affection for the pandas and their appreciation for the knowledge gained about endangered species conservation. They were inspired to continue engaging in environmental protection efforts.



GenRobo 機械新人類計劃 2024-25 — A.I.應用實踐課程

GenRobo 2024-25 — A.I. Practical Application Programme

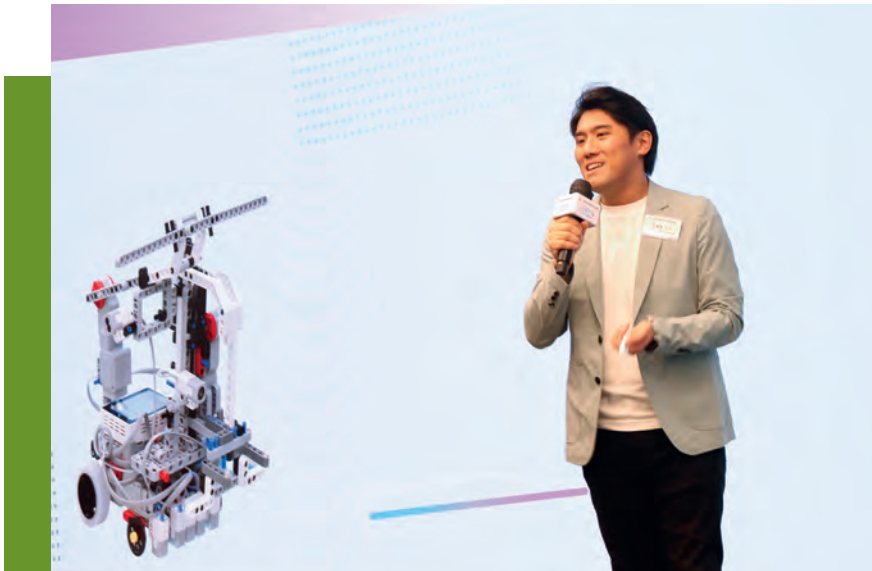


A.I.教育已成全球學習新趨勢，掌握人工智能技術更是未來人才必備的關鍵能力。基金主辦的「GenRobo 機械新人類計劃 2024-25 — A.I.應用實踐課程」再度獲得A.I.領域翹楚SenseTime商湯科技和具豐富創科教育經驗的TrumpTech尊科教育支持。今屆資助了全港24間中學共720名基層初中生免費參與人工智能培訓課程，計劃至今已連續第四屆舉辦，合共培訓逾4,500位本港中、小學生。

本屆計劃涵蓋六堂共九小時由淺入深的 A.I. 課程，學生從中瞭解A.I.的設計、編程和演算法等知識，掌握製作A.I.機械人的能力和應用。其後，學生分成各隊伍發揮創新精神，將所學知識應用於A.I.作品的製作。最後根據創意和綜合表現，分別評選出「優秀獎」和「傑出表現獎」。頒獎禮於7月7日圓滿舉辦，由基金行政總裁楊彬先生及尊科數碼教育服務有限公司行政總裁郭天鳴先生擔任主禮嘉賓，並向得獎組別授予獎項，以示嘉許。



其中，來自香港道教聯合會鄧顯紀念中學的House Smart Window-shade (智慧晾衣) 獲「傑出表現獎」。學生團隊表示，設計理念深受小米科技董事長雷軍啟發，科技應服務大眾，改善生活。該機械作品可實時監測氣候變化而自動開關窗，最大化利用陽光，高效處理衣服的晾曬。其餘獲獎作品包括：香港中文大學校友會聯會陳震夏中學的Teacher Finder及基督教女青年會丘佐榮中學的A.I.智能導覽車。學生在設計中分別運用語音識別、人臉識別等A.I.模型訓練技術。學生藉課程傳授的知識，將創意轉化成真，應用知識和組裝硬件製作實物A.I.作品。



今年頒獎禮更邀請到路邦科技有限公司聯合創始人及技術總監麥騫譽先生擔任分享嘉賓。他向台下學生分享A.I.行業的寶貴經驗與見解，並透過其成功經歷鼓舞一眾學生，敢於追尋夢想。基金未來將繼續透過多元化的項目，助青年提升個人技能和實力，培養香港乃至國家的創科人才。

A.I. education has become a new global learning trend, and mastering artificial intelligence technology is a key competency for future talent. The Foundation's 'GenRobo 2024-25 — A.I. Practical Application Programme' supported once again by SenseTime, a leader in the A.I. field, and Trumptech, an organisation with rich experience in innovative education. This year, 720 underprivileged junior secondary students from 24 schools across Hong Kong have been granted free participation in the A.I. training course. This marks the fourth consecutive year of the programme, which has trained over 4,500 primary and secondary school students in Hong Kong.

The current programme comprises six classes totalling nine hours, designed to progressively teach students about A.I. concepts, programming, and algorithms, as well as the skills needed to create AI robots. Following the lessons, students were divided into teams to apply their knowledge creatively in producing A.I. projects. 'Outstanding Award' and 'Excellence Award' were presented based on creativity and overall performance. The awards ceremony was successfully held on July 7, with Mr YANG Bin, CEO of the Foundation, and Mr KWOK Tin-ming, CEO of Trumptech, serving as guest presenters, awarding the winning teams.

Among the winners, the 'House Smart Window-shade' from the Hong Kong Taoist Association Tang Hin Memorial Secondary School received the 'Excellence Award'. The student team stated that their design was



inspired by Xiaomi's founder, LEI Jun, emphasising that technology should serve the public and improve lives. This mechanical creation can automatically open and close windows in response to climate changes, maximising sunlight usage and efficiently drying clothes. Other award-winning projects include 'Teacher Finder' from the CUHKFAA Chan Chun Ha Secondary School and the 'A.I. Smart Tour Vehicle' from the YWCA Hioe Tjo Yoeng College, both utilising A.I. techniques like voice and facial recognition in their designs. Students transformed their creative ideas into tangible A.I. projects by applying the knowledge gained in the course and assembling hardware.

This year's award ceremony also featured Mr Mark MAK, co-founder and technical director of Roborn Technology, as a guest speaker. He shared valuable insights and experiences from the A.I. industry with the students, encouraging them to pursue their dreams through his success stories. The Foundation will continue to support youth in enhancing their skills and capabilities through diverse projects, fostering innovative talent for Hong Kong and the nation.

香港青年東盟國家交流體驗之旅

The Hong Kong Youth ASEAN Country Exchange Experience Tour



東盟作為亞洲發展最迅速的經貿區域之一，其經濟影響力正不斷攀升。為幫助香港青年擴闊國際視野，了解此區域的發展機遇，基金於2025年上半年特別舉辦了兩個特色體驗之旅——「共創明『Teen』校友會星馬體驗之旅」和「香港大學生印尼體驗之旅」，帶領合共80位香港青年實地感受東盟國家的多元魅力，及為香港經濟帶來的發展機遇。

共創明「Teen」校友會星馬體驗之旅

「共創明『Teen』校友會星馬體驗之旅」由基金全額資助、聯同東華三院主辦，帶領40位基層中學生透過五日四夜的行程，探索馬來西亞和新加坡的多元文化與經濟活力，收穫豐富。

同學們拜訪了香港駐新加坡經貿辦，深入了解區域發展現況；與新加坡國立大學學生進行交流，探討升學規劃；參觀楊協成工廠，認識企業運作模式；更與馬來西亞青年團結運動代表座談，分享青年發展經驗。此外，社區領袖親自帶領同學們走訪新加坡Our Tampines Hub綜合社區中心，學習如何運用綠色科技打造「零廢生活圈」，並參觀城市規劃展覽館，探索「花園城市」的精密設計。

旅程中同學們當然不少得參觀兩地的名勝地標，包括漫步馬六甲世界遺產區，感受歷史氛圍；探訪蘇丹皇宮和鄭和文化館，領略傳統建築智慧；參觀國家博物館和獨立廣場；並在新加坡魚尾獅公園打卡留念，及於夜間動物園展開奇妙探險，為旅程畫上圓滿句號。



香港大學生印尼體驗之旅

而基金主辦的「香港大學生印尼體驗之旅」則帶領40位「創明天獎學金」同學會成員及來自本地各大院校的學生，多角度體驗東盟最大經濟體－印尼。

在五日四夜的行程中，同學們透過參訪雅加達經濟樞紐、萬隆歷史名城及活火山自然奇觀，全方位感受印尼的多元文化與發展活力。行程特別安排了多項交流活動：參訪香港駐雅加達經貿辦了解兩地合作新機遇；於印尼大學與師生探討學術研究方向；實地考察PT Indofood食品集團，認識東南亞龍頭企業的營運模式；更親身體驗「一帶一路」中印合作項目－雅萬高鐵的建設成果。此外，同學們也與印尼青年企業家協會代表進行座談，交流創新創業經驗。

文化探索環節同樣精彩：從象徵國家獨立的獨立廣場，到見證殖民歷史的荷蘭老街；從典藏千年文明的雅加達國家博物館，到孕育「萬隆精神」的亞非會議紀念館；最後登上壯觀的覆舟火山，感受大自然的鬼斧神工。



ASEAN, known as one of the fastest-growing economic regions in Asia, continued to increase its economic influence. To help Hong Kong youth broaden their international horizons and explore the development opportunities in this region, the Foundation organised two special experience tours in the first half of 2025: the 'Strive and Rise Alumni Club Singapore and Malaysia Experience Tour' and the 'Hong Kong University Students Indonesia Experience Tour'. These initiatives brought together 80 young people from Hong Kong to immerse themselves in the diverse cultures of ASEAN countries and discover the economic opportunities available for Hong Kong.

Strive and Rise Alumni Club Singapore and Malaysia Experience Tour

The 'Strive and Rise Alumni Club Singapore and Malaysia Experience Tour', fully funded by the Foundation and organised in collaboration with Tung Wah Group of





Hospitals, took 40 underprivileged secondary school students on a five-day, four-night journey to explore the diverse cultures and economic vibrancy of Malaysia and Singapore.

During the trip, students visited the Hong Kong Economic and Trade Office in Singapore to gain insights into regional development. They engaged with students from the National University of Singapore to discuss higher education planning and toured the Yeo Hiap Seng factory to learn about business operations. They also held a dialogue with representatives from the United Youth Movement of Malaysia to share experiences in youth development.

Community leaders guided the students through Singapore's Our Tampines Hub community centre, where they learned how to utilise green technology to create a 'zero-waste lifestyle'. They also visited an urban planning exhibition to explore the intricate design of the 'Garden City'.

The journey included visits to iconic landmarks such as strolling through the UNESCO World Heritage site of



Melaka and George Town to indulge in their historical ambiance, exploring the Bukit Serene and the Cheng Ho Cultural Museum to appreciate traditional architecture, and visiting the National Museum of Malaysia and Merdeka Square. The students also took memorable photos at the Merlion Park in Singapore and embarked on a magical adventure at the Night Safari, bringing their trip to a fulfilling conclusion.



Indonesia Experience Tour for Hong Kong University Students

The 'Hong Kong University Students Indonesia Experience Tour', organised by the Foundation, took 40 youths including members of the 'For Our Future' Scholarship Alumni Association and students from various local universities on a multifaceted journey to experience Indonesia, ASEAN's largest economy.

During the five-day, four-night trip, students explored Jakarta's economic hub, the historical city of Bandung, and the natural wonders of active volcanoes, immersing themselves in Indonesia's rich culture and dynamic development. The itinerary included various exchange activities: visiting the Hong Kong Economic and Trade Office in Jakarta to learn about new collaboration opportunities, discussing academic research directions

with faculty and students at Universitas Indonesia, and touring PT Indofood, a leading Southeast Asian food company, to understand its operational model. They also witnessed the results of the Jakarta-Bandung High-Speed Rail project, a key component of the Belt and Road Initiative. Additionally, students engaged in discussions with representatives from the Indonesian Young Entrepreneurs Association to share insights on innovation and entrepreneurship.

Cultural exploration was equally exciting, covering significant sites from the Medan Merdeka, symbolising the country's independence, to the colonial history of Old Batavia. They visited the Jakarta National Museum, which showcases millennia of civilisation, and the Asian-African Conference Museum, which embodies the 'Bandung Spirit'. The adventure culminated with a trek up the stunning Mount Tangkuban Perahu, offering a breathtaking view of nature's grandeur.



「2025百萬青年看祖國交流計劃」啟動禮 'Mainland Exchange Programme 2025' Launch Ceremony



基金一直支持香港青少年前往內地作廣泛交流及深度融合，早前推出了「2025百萬青年看祖國交流計劃」，申請反應熱烈，共資助了34個非牟利機構，總金額超過港幣470萬元，逾1,400青年受惠。

「2025百萬青年看祖國交流計劃」於2025年5月15日在YO PLACE 舉行啟動禮，出席嘉賓包括中央人民政府駐香港特別行政區聯絡辦公室青年工作部二級巡視員張國來先生、香港特別行政區政府民政及青年事務局青年專員陳瑞緯先生、全國政協委員、大灣區共同家園青年公益基金副主席楊政龍先生、香港特別行政區立法會功能界別（旅遊界）議員姚柏良先生、大灣區共同家園投資有限公司總裁胡章宏博士、大灣區共同家園青年公益基金行政總裁楊彬先生，以及多間獲資助機構的代表等。

是次獲資助的各項目，對象為12至30歲的青年人，交流團足跡遍及大江南北，由內蒙古的呼倫貝爾和額爾古納、海南島的文昌和三亞、青島、西安、洛陽、長沙、上海、南京、杭州、景德鎮、桂林、以至大灣區廣州及深圳等多個城市。

The Foundation has continuously supported Hong Kong's youth by engaging them in extensive exchanges and foster deeper integration with the Mainland. Recently, it launched the 'Mainland Exchange Programme 2025'. The response was overwhelming, with the Foundation approving funding for 34 non-profit organisations, benefitting over 1,400 participants. The total funding amount exceeded HKD 4.7 million.

The 'Mainland Exchange Programme 2025' Launch Ceremony, held on May 15 at YO PLACE, was attended by several distinguished guests, these included Mr ZHANG Guolai, Second-class Inspector of Youth Department of the Liaison Office of the Central People's Government in the HKSAR; Mr Eric CHAN, Commissioner for Youth, Home and Youth Affairs Bureau, the Government of the HKSAR; Mr Alex YEUNG, member of the National Committee for the Chinese People's Political Consultative Conference and Vice Chairman of Greater Bay Area Homeland Youth Community Foundation; Mr Perry YIU, Legislative Council Member (Tourism) of the HKSAR; Mr HU Zhang-hong, CEO of Greater Bay Area Homeland Investments Limited; Mr YANG Bin, CEO of the Greater Bay Area Homeland Youth Community Foundation, and representatives from various organisations participating in the exchange programme.

The funded projects target young people aged 12 to 30. Exchange tours span across the country, including Hulunbuir and Ergun in Inner Mongolia, Wenchang and Sanya in Hainan Island, Qingdao, Xi'an, Luoyang, Changsha, Shanghai, Nanjing, Hangzhou, Jingdezhen, Guilin, Guangzhou, and Shenzhen.

百萬青年看祖國計劃2025 — 獲批項目進度

Mainland Exchange Programme 2025 — Progress Update



百萬青年看祖國計劃2025年第一及第二期當中27個項目已順利完成。交流團足跡遍及全國12省33市，各有不同主題和精彩活動，當中包括人工智能、航天科技、歷史文化、人文藝術、生態環境保育、體育及非遺文化等領域，以下介紹其中幾個已完成的交流團：

由香港菁英會主辦的「百萬青年看祖國—東方籃球精英訓練營」已於5月2日至5日完成，活動為青年提供了專業籃球訓練、友誼賽及文化參訪等活動。項目的亮點包括學員使用中國男子籃球職業聯賽（CBA）球隊的訓練場地，以及現場觀看CBA賽事。此外，學員們也得到國家級運動員的專業指導，直接向優秀運動員學習籃球技巧，學員表示訓練營增加了他們對籃球的專業知識和熱愛，希望未來參加更多同類的活動。

另一項由香港青年聯盟主辦的「大國重器」LinkUp海南航太火箭研學團於8月9至14日順利完成，行程中最令人難忘是親眼見證火箭發射的震撼瞬間！學員表示無比激動，深刻體會到國家航天科技的強大與背後付出的巨大努力。除此之外，參與者參觀了海南當地特色景點，更實地考察了海南首批航太科技落地計劃—文昌航天超算中心與文昌航天科普中心。透過本次活動，青年人不僅拓寬了視野，更對祖國航太成就深感自豪！

由香港青聯學生交流網絡主辦的「內蒙古衛國戍邊研習團」已於7月17日至24日完成。交流之旅以「共融共創」為主題，讓團員們親身感受內地經濟、科技、文化的發展脈搏。行程中，團員們參觀了內蒙古的創新產業基地、草原生態保護區以及歷史文化景區，並與當地青年進行座談交流，分享彼此的學習與生活經歷。

27 projects under the first and second phases of the 'Mainland Exchange Programme' were successfully completed. The exchange groups cover 12 provinces and 33 cities, with each group focusing on different themes and activities. These themes included artificial intelligence, aerospace technology, historical culture, humanities and arts, ecological conservation, sports, and intangible cultural heritage. Below are introductions to a few completed tours:

The 'Eastern Basketball Elite Training Camp', organised by the Y.Elites Association, took place from May 2 to 5. The event offered youth professional basketball training, friendly matches, and cultural visits. Highlights included the using of training facilities from teams in the Chinese Basketball Association (CBA) and attending CBA games. Participants received professional guidance from national-level athletes, learning basketball techniques directly from top performers. Attendees expressed that the training camp enhanced their knowledge and passion for basketball, and that they hope to participate in more similar activities in the future.



The Pillars of a Great Power LinkUp – Hainan Aerospace Rocket Study Tour', a programme organised by the Hong Kong Youth Alliance, was successfully held from August 9 to 14. The participants expressed that one of the most unforgettable experiences was witnessing a rocket launch firsthand. They also gained a deep appreciation for the strength of the country's aerospace technology and the immense effort behind it.

In addition to visiting local attractions in Hainan, participants also conducted on-site investigations of the first batch of aerospace technology initiatives in the region, including visits to the Wenchang Aerospace Supercomputing Center and the Wenchang Aerospace Science Center. Through this tour, the youth not only broadened their horizons but also felt a profound sense of pride in the nation's aerospace achievements!

The 'HKUYA SNA Inner Mongolia Study Tour', organised by the HKUYA Student Network Alliance, held from July 17 to 24. This exchange journey focused on the theme of 'Integration and Co-creation', enabling participants to experience the pulse of economic, technological, and cultural development in mainland China.

During the trip, participants visited innovation industry bases, ecological protection areas, and historical cultural sites in Inner Mongolia. They engaged in discussions with local youth, sharing their learning and life experiences.

中華飲食文化培訓計劃 — 潮汕篇

The Chinese Culinary Culture Training Programme — Chaoshan Edition



潮菜作為粵菜三大支系之一，以烹調海鮮和制作精細小食而聞名，口味講究食材本味與刀工火候。為弘揚中華飲食文化，促進粵港兩地廚藝交流，基金今年再度聯同中華廚藝學院，舉辦了「中華飲食文化培訓計劃 — 潮汕篇」，近30名師生已於7月26日至8月2日前往汕頭學習潮菜精髓，體驗潮汕非遺文化。

繼去年首次舉辦的「嶺南文化之鳳城點心培訓計劃」獲得業界及學界的廣泛好評，今年的培訓計劃前往另一飲食文化重鎮 — 汕頭。是次課程與廣東省粵東技師學院合作，該校為省級「粵菜師傅」工程培訓基地，課程由多位國家級、省級烹飪導師親授，並獲潮人潮菜研究院支持，邀請到潮菜大師鍾成泉到場指導並點評學生作品。學生除學習滷、煮、炒、蒸、炆、焗、炸等正宗烹飪技法，亦親身體驗國家級非遺文化潮州工夫茶。

課程一共八天，期間學生們學習製作了多款潮汕經典菜式，包括豆醬焗蟹、潮汕滷味、南午燉鴨、牛肉粿條、厚勝蠔烙、巧燒雁鵝、油泡麥穗花魷、老式炆魚、紅炆白鱔、鴨母捻、炸春卷等，涵蓋前菜、主菜、小食到甜點，深入掌握正宗潮汕烹調技藝。此外，學生亦參與多場研學活動，包括參觀潮汕歷史文化博覽中心及潮人潮菜研究院，並觀賞另一國家級非遺文化 — 英歌舞表演等。



基金副行政總裁龔明明女士和中華廚藝學院院長葉漢鵬先生於培訓期間親自到訪學校了解學生的學習實況並加以鼓勵。參與是次項目的中華廚藝學院的學生均表示計劃令他們大開眼界，希望能將所學融入菜式創作之上，讓更多人認識潮汕文化的魅力。基金希望藉著這個中華飲食文化培訓計劃，不但讓青年人在廚藝行業提升技巧，亦希望令青年人能承傳深厚的中華飲食文化，將其發揚光大。

As one of the three major branches of Cantonese cuisine, Chaozhou cuisine is distinguished by its refined techniques and delicate seafood dishes, emphasising the purity of flavour and meticulous preparation, all reflective of a deep-rooted cultural heritage. In this spirit, and to encourage the exchange of culinary skills, the Foundation once again partnered with the Chinese Culinary Institute to launch the 'Chinese Culinary Culture Training Programme — Chaoshan Edition'. From July 26 to August 2, a group of about 30 students and faculty members travelled to Shantou to immerse themselves in the essence of Chaoshan cuisine and directly engage with its rich intangible heritage.

Building on the success of last year's 'Lingnan Culture: Fengcheng Dim Sum Training Programme', this year's initiative took students to another culinary heartland — Shantou. The programme was conducted in collaboration

with Guangdong Yuedong Technician College, a prestigious institution known for cultivating master chefs in Cantonese cuisine, and was supported by the Teochew Cuisine Research Institutes. The classes, led by nationally and provincially accredited chefs, including the renowned Teochew culinary master ZHONG Chengquan, covered traditional techniques such as braising, boiling, stir-frying, steaming, stewing, baking, and deep-frying. Students also gained firsthand experience with the intangible cultural heritage, specifically Chaoshan Gongfu Tea.

During the eight-day programme, students learned to prepare a wide range of classic Teochew dishes, from appetisers and main courses to snacks and desserts. Culinary highlights included crab in fermented soybean sauce, Teochew marinated meats, braised duck with herbs, stir-fried beef with rice noodles, crispy oyster pancake, roast goose with yam paste and flash-fried squid rolls. This hands-on training strengthened the students' knowledge of authentic Chaoshan culinary techniques and flavours.

The programme also offered cultural excursions that deepened students' understanding of local heritage, including visits to the Chaoshan History and Culture Exhibition Centre and the Teochew Cuisine Research Institute, along with a live Yingge Dance performance — another of China's intangible cultural heritage traditions.

Ms Dionne KUNG, Deputy CEO of the Foundation, and Mr James YAP, Principal of the Chinese Culinary Institute, visited the training site to offer encouragement to the students. Participants shared that this tour enhanced their knowledge of Chaoshan cuisine, and they hope to incorporate these insights into their own creations back in Hong Kong and help more people discover the unique charm of Chaoshan culinary culture.

Spree Social 青年運動發展計劃 Spree Social Youth Sports Development Programme



青年是社會的未來，青少年健康成長與全面發展一直是我們關注的課題。由基金及德天社會企業共同主辦的「Spree Social 青年運動發展計劃」，是為本港中小學生而設計，旨在透過專業運動訓練，培養青少年對體育的熱情，建立恆常運動習慣，加強身心健康、團隊協作等正面價值觀。

計劃涵蓋龍舟、手球及匹克球三大運動項目，由資深教練團隊指導，其中龍舟和手球項目於7月展開，為期半年，每課程提供20個項目名額及40小時專業訓練，系統化提升運動技能，並安排學員參與本地比賽，更有機會前往大灣區內地城市進行文化及運動交流，拓展視野。而匹克球方面，計劃為五間中小學校共100名基層學生提供兩小時的運動體驗，並贈送融入藝術設計的精美球拍給予學校，藉此激發學生對該項新興運動的興趣。

Youth are the future of society, and the healthy growth and holistic development of youths have always been our focus. The 'Spree Social Youth Sports Development Programme', jointly organised by the Foundation and social enterprise Vivere Sky Group, was designed for primary and secondary school students in Hong Kong. The programme aimed to cultivate a passion for sports through professional training, establish regular exercise habits, and enhance physical and mental health, as well as instill positive values such as teamwork.

Guided by experienced coaching teams, the programme covered three main sports: dragon boat racing, handball, and pickleball. The dragon boat racing and handball training commenced in July and lasted for six months. These activities each offered 20 spots for secondary



students along with 40 hours of professional training to systematically improve their athletic skills. Participants also had the opportunity to compete in local tournaments and to travel to mainland cities in the Greater Bay Area for cultural and sports exchanges, thus broadening their horizons.

For pickleball, the programme offered a two-hour experience to 100 underprivileged students from five primary and secondary schools. It also provided beautifully designed paddles that integrated art and sports, aiming to ignite the students' interest in this emerging sport.

香港青年河北小窩鋪村鄉村振興工作團

Hong Kong Youths Xiaowopu Village Rural Revitalisation Tour



在城市長大的年青人，或許沒有太多機會接觸鄉村的生活。基金致力支持香港青年參與社區工作，發揮才能，貢獻社會。繼去年與無止橋慈善基金舉辦香港青年韶關鄉村振興工作團後，今年再接再勵，組織20位各大院校大學生於7月19日至27日到河北省承德市豐寧滿族自治縣小窩鋪村參與體驗鄉村振興工作。

是次工作團更由香港的同學與北京交通大學同學攜手合作，兩地學生們學習到如何將環保理念融入基礎設施建設，完成三個重點任務，包括：生態廁所改造；社區牆面彩繪，美化村落空間；以及環境教育宣傳，向村民和青少年普及環保知識，保護珍稀水資源，從而改善村民衛生條件，推動綠色生活方式。

在這次旅程中，有青年義工表示這是一個難得的機會，不但可以改善到村民的生活環境，亦可以與北京交通大學同學交流，合作推動鄉村振興。

Young people who grow up in urban environments may have limited opportunities to experience rural life. The Foundation is dedicated to supporting Hong Kong youth in community work, allowing them to showcase their talents and contribute to society. Following last year's collaboration with the Wu Zhi Qiao Charitable Foundation, we were excited



to continue this initiative by organising a team of 20 university students to participate in rural revitalisation efforts in Xiaowopu Village, Fengning Manchu Autonomous County, Chengde City, Hebei Province, from July 19 to 27.

This year's tour featured collaboration between students from Hong Kong and Beijing Jiaotong University. Together, they learnt how to integrate environmental protection concepts into infrastructure development while completing three key tasks: renovating eco-toilets, painting community walls to beautify the village, and conducting environmental education outreach to raise awareness among villagers and youth about protecting precious water resources. These efforts aimed to improve sanitary conditions for residents and promote a green lifestyle.

During this journey, some youth volunteers expressed that this was a rare opportunity not only to enhance the living environment for villagers but also to engage and collaborate with students from Beijing Jiaotong University in advancing rural revitalisation.



大灣區升學知多啲考察之旅

Greater Bay Area Higher Education Exploration Tour



基金積極支持香港青年探索多元出路，今年已是連續三年與學友社合辦「大灣區升學知多啲考察之旅」，活動由基金全額資助，旨在為香港高中生提供開拓視野的寶貴機會。今年4月，我們共組織了三個考察團，帶領逾250名師生分別前往廣州及深圳，參訪當地知名學府，包括廣州中醫藥大學、暨南大學、香港中文大學（深圳）及深圳大學。

在考察期間，師生不僅實地參觀各校園的教學設施，更參與由院校安排的交流會。校方代表詳細講解招生政策，在校港生亦分享親身學習經歷，並即時解答同學提問。透過這些活動，參與學生得以深入了解大灣區內地城市的校園生活，獲取豐富的多元學科資訊，為未來升學規劃做好準備。

The Foundation actively supports Hong Kong youth in exploring diverse pathways. This year marked the third consecutive year that we partnered with the Hok Yau Club to organise the 'Greater Bay Area Higher Education Exploration Tour'. Sponsored by the Foundation, this initiative aimed to provide Hong Kong secondary school students with valuable opportunities to broaden their horizons.

In April, the Foundation organised three exploration tours, leading over 250 teachers and students to visit renowned universities in Guangzhou and Shenzhen, including Guangzhou University of Chinese Medicine, Jinan University, The Chinese University of Hong Kong (Shenzhen), and Shenzhen University.

During the visits, participants not only toured the campuses and teaching facilities but also engaged in exchange sessions arranged by the universities. Representatives from the institutions provided detailed presentations of their admission policies, while current Hong Kong students shared their personal learning experiences and answered questions from participants. Through these activities, students gained a



deeper understanding of campus life in mainland cities within the Greater Bay Area, as well as rich information on diverse academic disciplines, preparing them for their future educational plans.

漫遊⁹⁺²

TRAVEL AROUND

大灣區是一個充滿活力的地方，每個城市都有自己獨特的風格。「漫遊9+2」影片系列繼續為你發掘大灣區內的特色景點，一起探索其魅力。

The Greater Bay Area is a vibrant place, with each city showcasing its unique style. The 'Travel Around 9+2' video series continues to uncover the distinctive attractions within the GBA, inviting you to explore its charm together.



深圳科技館(新館)

The Shenzhen Science and Technology Museum

今期漫遊9+2帶你參觀深圳今年5月開幕的新科技地標—深圳科技館(新館)，它是全球首座的「數字文明科技館」。由國際著名設計事務所Zaha Hadid團隊設計，科技館外形像一艘「宇宙飛船」，充滿未來感！科技館的外牆更會因應天氣及不同時段「變裝」，展現科技的魅力！

特色場景：

- 科技感外觀：9.5萬塊會變色的金屬板，日光下像極光，晚上會變為星雲
- 互動裝置：5個主題展廳，25個專題展覽，950多個互動展項，適合小朋友及成人
- 「宇宙探源展廳」：按比例還原的太空艙設施，更有逼真的星空頂天花及人造衛星，讓你有置身太空的感覺

Want to experience interstellar travel? This episode takes you to Shenzhen's newest tech landmark—the Shenzhen Science and Technology Museum, the world's first science museum built around the concept of digital civilisation! Designed by Zaha Hadid Architects, the building resembles a futuristic 'spaceship'—its exterior even changes colour based on weather and time of day. It's next-level cool!

Must-See Highlights

- Sci-Fi Aesthetic: The museum boasts 95,000 colour-shifting metal panels that mimic the aurora by day and the nebula by night
- Interactive Exhibits: Explore 5 themed halls, 25 special exhibitions, and over 950 hands-on displays—fun for all ages!
- 'Origin of the Universe' Hall: Features life-sized space capsule replicas, a hyper-realistic starry ceiling, and artificial satellites—'blast off to space' in seconds!



觀看影片系列：

Watch the video series:
<http://bit.ly/39vWpak>

平凡人·不凡事

Out of the Ordinary

夢想是人生的指南針，它引領著我們在人生規劃中尋找方向。年輕人常常充滿理想，但也要不斷挑戰自我和克服困難，才能夠讓夢想成為推動力，邁向成功。

Dreams serve as our life's compass, guiding us in planning our futures. While young people often harbour aspirations, they must continually challenge themselves and overcome obstacles to turn those dreams into a path to success.

趙綺婷 Elaine Chiu

香港城市畫家

Hong Kong City Artist

今集「平凡人·不凡事」的主角 Elaine，從小就立志成為畫家，畢業之後一步一步實現自己的藝術夢。帶著畫筆及畫架，她走遍香港大小角落，用畫筆記錄香港的城市景象。她的堅持與努力不僅讓她在 2023 年入選《福布斯》30 歲以下亞洲菁英榜，更使她的作品於國內外畫展中嶄露頭角。去年，她在深圳成功舉辦了個人畫展，努力拓展自己的藝術舞台。

目前 Elaine 透過參與大灣區內地城市及福建省的交流展，與內地的藝術家相互交流，學習如何善用傳統中國文化，去創作一些當代作品，亦令她思考作為香港的青年藝術家可以如何促進中外文化交流和發展。

Since childhood, Elaine has aspired to become an artist. After graduation, she has been working towards realising her artistic dreams. Armed with her easel and brushes, she travels around Hong Kong to capture the city's landscapes through her paintings. In 2023, Elaine was selected as one of Forbes 30 Under 30 in Asia! Her works have been exhibited both locally and internationally, including a solo show in Shenzhen last year, as she continues to expand her artistic horizons.

Currently, through participation in exchange exhibitions in the Greater Bay Area and Fujian Province, Elaine is collaborating with local artists. She is exploring ways to blend traditional Chinese culture with contemporary art. As a young artist from Hong Kong, she is committed to promoting cultural exchange and development between China and the world.



觀看影片系列：

Watch the video series:
<http://bit.ly/3gz7hbn>



YO PLACE 4周年 海陸運動日@廣州南沙

YO PLACE 4th Anniversary : Sports Day @ Nansha Guangzhou



慶祝YO PLACE 4周年，我們勇於「跳出框框」，策劃別開生面的海陸運動日！這次，我們帶領會員一同衝出香港，前往廣州南沙探索全新地標「Spree Park 賞動」及「南沙水上運動基地」，體驗充滿新鮮感的匹克球與帆船出海。

在專業教練指導下，會員們率先投入融合網球、乒乓球與羽毛球元素的新興運動——匹克球。從規則講解到分組比賽，大家盡情投入，揮灑汗水，親身感受這項運動的獨特節奏與樂趣，而匹克聯場館運營總監更分享這項運動的發展趨勢，讓會員對運動有更深入的认识，實行理論與實踐兼備。

緊接轉戰海上，會員們化身成帆船手於南沙遊艇會展開帆船探索之旅。他們不僅學習帆船知識，更親手操作，體驗「人船合一」、迎風破浪的刺激。這項考驗智慧與應變能力的運動，令會員留下難忘的回憶。從陸地到海上，這場「雙拼」運動體驗，讓會員掌握新技能、享受多元運動樂趣。

To celebrate YO PLACE's 4th anniversary, we organised a distinctive land and sea sports day! This time, we took members out of Hong Kong to explore the new landmarks 'Spree Park' and 'Nansha Water Sports Base' — experiencing the invigorating activities of pickleball and sailing.

Under the guidance of professional coaches, members first took on the emerging sport of pickleball, which combines elements of tennis, table tennis, and badminton. From learning the rules to engaging in group competitions, participants fully immersed themselves enjoying the unique rhythm and excitement of the game. The operations director of the pickleball venue also shared insights into the sport's development trends, enhancing members' understanding by integrating theory with practice.

Next, members transformed into sailors at the Nansha Yacht Club for a sailing exploration adventure. They not only learned sailing knowledge but also took the helm themselves, experiencing the thrill of 'becoming one with the

boat' as they navigated the waves and embraced the unpredictable sea breeze. This sport, which challenges one's intelligence and adaptability, left members with unforgettable memories. From land to sea, this 'dual experience' enabled members to acquire new skills and savour the diverse pleasures of sports.



灣區周圍WALK

YO PLACE 築夢空間

灣區周圍WALK 非遺文化之旅@惠州

GBA Walk Around – Exploration of Intangible Cultural Heritage @ Huizhou



惠州，自古以來便是南方的重要文化和經濟中心，以其豐富的自然資源和深厚的歷史文化而聞名。今次惠州之旅讓 YO PLACE 會員認識了非遺技藝的現代轉型，會員首先參觀了百年老店「客家婆」，了解豆腐花智能生產線如何活化古法技藝，更品嚐到鮮嫩豆腐花。隨後前往廣東最大梯田茶園，親身體驗市級非遺柏塘山茶的製作過程。從採摘嫩芽到精製，每個環節都讓會員感受到茶農的匠心。最後，會員們帶著親手採摘的茶葉和對非遺文化的新理解滿載而歸。

Huizhou has long been an important cultural and economic hub in southern China, celebrated for its rich natural resources and profound historical culture. This tour allowed YO PLACE members to explore the modern transformation of intangible heritage skills. Members visited the century-old store 'Kejia Po', where they learned how an intelligent production line for tofu pudding revitalises ancient techniques, and enjoyed tasting fresh tofu pudding.



The group then travelled to Guangdong's largest terrace tea garden to experience the production process of the city-level intangible heritage 'Baitangshan Tea'. From picking tender buds to refining the tea, each step allowed members to appreciate the craftsmanship of tea farmers. Finally, members returned home with hand-picked tea leaves and a new understanding of intangible cultural heritage.

灣區周圍WALK 運動與文化體驗之旅@順德

GBA Walk Around – Sports and Cultural Experience Tour @ Shunde



順德之行聚焦兩大特色，讓 YO PLACE 會員深度體驗龍舟文化與非遺工藝。會員們在「龍舟之鄉」參與「披紅點睛」儀式，隨後親身划槳體驗龍舟競速的刺激感。下午探訪國家級非遺香雲紗染整工場，見證陽光與河泥如何成就這項工藝的獨特色澤。會員們聆聽匠人講解工藝奧秘，感受傳統技藝的魅力，在這場動靜結合的旅程中全方位感受順德的文化底蘊。

The Shunde trip focused on two distinctive cultural aspects, allowing YO PLACE members to deeply experience dragon boat culture and intangible cultural heritage crafts. Members participated in the 'Eyes Dotting' ceremony in the 'Hometown of Dragon Boats', followed

by an exhilarating hands-on experience paddling in a dragon boat race.

In the afternoon, they visited a national-level intangible cultural heritage workshop specialising in Xiangyun silk dyeing and finishing, witnessing how sunlight and river mud create the unique colours of this craft. Members listened to artisans explain the secrets of the craft, experiencing the charm of traditional craftsmanship. This journey, combining both dynamic and serene experiences, offered a comprehensive understanding of Shunde's rich cultural heritage.





灣區周圍WALK 文化藝術之旅 @廣州

GBA Walk Around – Cultural Arts Tour @ Guangzhou



廣州作為內地第三大城市，擁有超過2,200年的歷史，是粵文化的發源地。YO PLACE帶領會員展開廣州花都深度文化之旅，認識傳統及現代藝術。首站探訪國家鄉村振興重點項目「塱頭古村」，漫步保存完好的嶺南建築群，欣賞600年歷史的灰塑、磚雕與木雕工藝。隨後造訪「春陽臺藝文中心」，這個融合展覽及表演的多元文化空間，以獨特的荷花池屋頂設計驚艷眾人，成為絕佳藝術打卡點，讓參與者體驗藝術與自然景觀的創意結合。另外探訪了「花都灰塑文化研究院」，在非遺專家指導下，會員們親身體驗灰塑彩繪製作，創作獨特作品，深入認識這項傳統工藝。

As the third largest city in mainland China and with a history spanning over 2,200 years, Guangzhou is recognised as the birthplace of Cantonese culture. The tour offered members an in-depth cultural journey through Huadu, exploring both traditional and modern art.

香藝體驗工作坊

Incense: Scented Journeys Workshop

為了讓YO PLACE會員認識香道和體驗製香文化，特意舉辦工作坊，帶領會員開啟了一場香道療癒之旅。工作坊有「知香、製香、品香」三大環節，專業導師詳細講解逾15種天然香材特性，傳授專業聞香技巧。會員們親手調配香粉，製作專屬線香與塔香，在製香過程中體會傳統工藝的專注與平和。這場沉浸式體驗除了傳授製香技藝，更讓大家在繁忙生活中尋得片刻寧靜。

To help YO PLACE members learn about incense culture and experience the art of incense making, a workshop was organised that embarked members on a healing journey through aromatherapy. The workshop included three main sections: Understanding Incense, Making Incense, and Exploring Incense Aromas. Professional instructors provided detailed explanations of the characteristics of over 15 natural incense materials and shared specialised techniques for appreciating their aroma. Members had the opportunity to personally blend incense powders to create their own unique sticks and

The tour began at the key national rural revitalisation project, 'Langtou Ancient Village'. Here, members strolled through the well-preserved Lingnan architectural complexes, where 600 years of history manifested in exquisite gray sculptures, brick carvings, and woodwork.

The journey continued at the 'ChunYangTai Art and Cultural Center', a multicultural venue that offers exhibition and performance spaces. The centre's distinctive lotus pond roof design amazed everyone, making it an ideal backdrop for artistic photos and immersing participants in a fusion of art and natural scenery.

Finally, they explored the 'Huadu Gray Sculpture Cultural Research Institute'. Under the guidance of intangible cultural heritage experts, members engaged in painting and crafting their own unique gray sculptures, deepening their understanding of this traditional art form.



cones, experiencing the focus and tranquility inherent in the incense-making process. This immersive experience not only imparted incense-making skills but also allowed everyone to find a moment of peace amidst their busy lives.



手作有愛義工活動 Crafting with Heart – Volunteer Event

暑假期間，YO PLACE 以「手作」為橋樑，推動社區共融。我們邀請「新家園協會」的少數族裔小學生，與會員義工攜手創作獨特公仔鎖匙扣。在「助小店 創未來」計劃夥伴 Pxpets_doll 店主 Peony 的指導下，大小朋友共同發揮創意，體驗手作樂趣。活動後，大家分享小食、暢談交流，歡笑不斷。每位參與者不僅帶著獨一無二的作品滿載而歸，臉上更洋溢著滿足的笑容。這次活動不僅傳遞了手工藝的快樂，更促進了不同族裔間的深度互動，生動實踐了社區共融的理念。

During the summer vacation, YO PLACE used 'handcrafts' as a bridge to promote community integration. We invited primary school students from minority ethnic groups, supported by the 'New Home Association', to collaborate with YO PLACE volunteer members in creating unique doll keychains. Under the guidance of Peony, the owner of Pxpets_doll, a partner in the 'Empower to Thrive' Small Shops Support Programme, participants unleashed their creativity and enjoyed the fun of crafting.

After the activity, everyone shared snacks and engaged in lively conversation filled with laughter. Each participant left with a unique creation and a satisfied smile. This activity not only conveyed the joy of craftsmanship but



also fostered deep interactions among different ethnic groups, vividly embodying the concept of community integration.

衝出灣區周圍Vlog Vlog Beyond GBA

今次衝出灣區周圍Vlog選擇了最多港生報讀的十大高校之一的福建華僑大學，由產品設計系學生孫彩晴帶領觀眾遊覽校園，體驗校園生活。彩晴分享超高性價比的校內食堂，開箱港生第二個家——學生宿舍及創意靈感集中地的設計系課室。她亦特別介紹華僑大學籃球隊，這支隊伍是中國大學生籃球聯賽（CUBA）的傳奇王者，曾勇奪9次全國冠軍！除了校內生活，校外生活亦多姿多彩，地道美食更是不容錯過。

In this episode, we invite SUEN Choi Ching, a product design student at Fujian Huaqiao University — one of the ten most popular universities among Hong Kong students in the Mainland — to offer an immersive tour of the campus and share insights into daily student life. She introduced the exceptionally cost-effective campus canteen and unboxed what she referred to as the second home for Hong Kong students: the student dormitories. She also took us through the creative hub of the design department classrooms. Choi Ching highlighted the Fujian Huaqiao University basketball team, which is renowned in the Chinese University Basketball Association (CUBA) for



its impressive nine national championship titles. Beyond campus life, Choi Ching explored the vibrant and diverse off-campus experiences, particularly emphasising the authentic local cuisine, which she noted should not be missed.



「助小店 創未來」計劃

'Empower to Thrive' Small Shops Support Programme

YO PLACE 早前推出這項計劃以支持本地18-35歲的青年創業家，提升品牌及產品的認知度，合資格小店可申請免費推廣資源，包括將小店推廣至近45,000會員及作線上宣傳。自計劃推出之來，至今已助力六間小店擴大知名度，當中小店包括：YO PLACE launched this initiative earlier to support local entrepreneurs aged 18-35 by enhancing their brand and product awareness. Eligible small shops can apply for free promotional resources, including access to nearly 45,000 YO PLACE members and a variety of online promotion opportunities. Since the launch of the programme, six shops joined to expand their visibility, as listed below:

香丘Heung Yau

本地製香品牌香丘旨在推廣天然香藝，品牌創辦人Isabelle及共同創辦人阿材當初因香木療癒自身及其寵物的情緒，於是醉心香藝研究，期望將自然療癒力量融入生活，延續香港與香的獨特故事。產品包括線香、塔香、香磚等，均以純天然植物製作。

The local incense brand, Heung Yau, aims to promote natural aroma-therapy. Founded by Isabelle and co-founder Gin, the brand was inspired by their experiences using aromatic woods to heal their own and their pets' emotions. They became passionate about the study of incense, hoping to incorporate the healing power of nature into everyday life and continue the unique story of Hong Kong and incense. The products include incense sticks, cone incense, and incense tablets, all made from pure, natural plant materials.

網站Website: heungyau.com

一念療癒 Pure Sense Healing

一念療癒創辦人Anthea將藝術與正念融合，期望引領身心靈療癒領域，為他人帶來價值。品牌提供頌鉢、篆香及植物香薰冥想等工作坊，旨在透過正念、藝術手作及靈性能量療癒，幫人發掘內在的平靜與力量。

Anthea, the founder of Pure Sense Healing, combines art and mindfulness with the aim of leading the field of holistic healing and providing value to others. The brand offers workshops on singing bowls, incense making, and plant-based aromatherapy meditation, designed to help people discover their inner peace and strength through mindfulness, artistic craftsmanship, and spiritual energy healing.

Instagram: [puresensehealing](https://www.instagram.com/puresensehealing)

Pxpets_doll

小店Pxpets_doll以扭扭毛棒手工製作寵物公仔，提供「毛孩迷你版訂製」服務，將寵物化身掌心大小複製版，成為主人的暖心紀念。這些公仔不僅是玩具，更承載著治癒人心的陪伴力量，讓每位主人都能珍藏與毛孩的美好回憶。

The shop Pxpets_doll handcrafts pet figurines using twist wool sticks, offering a 'miniature pet customisation' service that transforms pets into palm-sized replicas, serving as heartfelt keepsakes for their owners. These figurines are not just toys; they carry the power of companionship that heals the heart, allowing every pet owner to cherish beautiful memories with their beloved furry friends.

Instagram: [Pxpets_doll](https://www.instagram.com/pxpets_doll)

創匯生物科技EBP Biotechnology

港產創科公司創匯生物科技(EBP)由Raymond 創辦，擁有博碩團隊，以美國FDA食品級認證、可生物降解生物基材料，製造相宜高品質產品。產品有榮獲國際設計大獎的環保餐具套裝、可生物降解垃圾袋，以解決環保產品價錢貴及用戶體驗差的痛點。

Founded by Raymond, the Hong Kong-based innovative biotechnology company EBP boasts a team of experts and utilises FDA-approved food-grade, biodegradable bio-based materials to produce affordable, high-quality products. Their offerings include award-winning eco-friendly cutlery sets and biodegradable trash bags, addressing the common issues of high prices and poor user experience associated with environmentally friendly products.

網站Website: ebphk.com

The Between Us Studio

The Between Us Studio 作為創意空間與專業攝影夥伴，提供專業寵物攝影服務。創辦人Thomas視寵物為家庭成員，致力以專業鏡頭定格珍貴瞬間，轉化溫暖與愛為永恆影像，更提供「寵物適應服務」及「寵物美容服務」，拍出專屬溫暖回憶。

Between Us Studio serves as a creative space and professional photography partner, offering specialised pet photography services. Founder Thomas views pets as family members and is dedicated to capturing precious moments through a professional lens, transforming warmth and love into everlasting images. The studio also provides 'pet adaptation services' and 'pet grooming services' to create unique, heartwarming memories for pet owners.

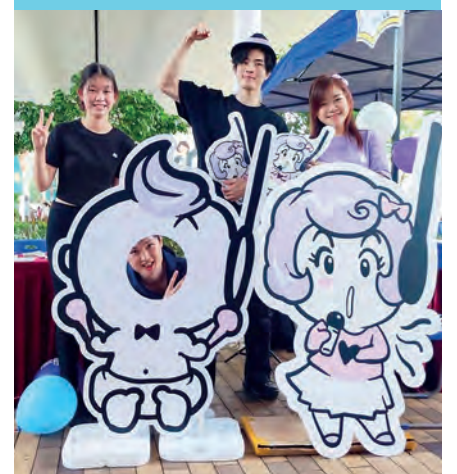
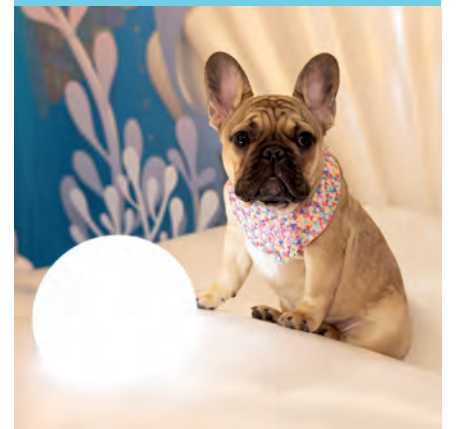
Instagram: [thebetweenus.studio](https://www.instagram.com/thebetweenus.studio)

W Studio

美國加州大學柏克萊分校音樂碩士Kitty創立的W Studio，匯聚頂尖音樂學院師資，致力提供專業音樂教育。為回應社會情緒健康需求，設計獨家「音樂小偵探」課程，融合奧爾夫與達克羅茲教學法，透過音畫聯覺與科學情緒調節設計，助SEN學童、情緒困擾及壓力族群抒發情感。

W Studio, was founded by Kitty, who holds a Master's degree in Music from the University of California, Berkeley. The studio brings together top faculty from prestigious music schools to provide professional music education. Responding to the growing need for emotional health support, the studio offers an exclusive 'Music Detective' course that integrates Orff and Dalcroze teaching methods. This programme employs synesthetic connections between music and visual art, along with scientific emotion regulation techniques, to help students with special educational needs (SEN), those experiencing emotional distress, and individuals under stress to express their feelings.

Instagram: [w_studio_limited](https://www.instagram.com/w_studio_limited)





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2024-2025資助項目進度 2024-2025 Progress Updates

「飛越界限」無人機培訓

'Fly Beyond Boundaries' – UAV Training

無人機的應用範圍日漸廣泛，涵蓋商業、民生、科研等不同領域，掌握其技術亦成為未來職場的重要技能。有見及此，基金資助了由香港青年獎勵計劃主辦的無人機培訓項目，為40名青年提供30小時的無人機編程、飛行、理論和實踐等培訓課程。一眾參加者於6月中旬前往東莞進行4日3夜的培訓，當中更包括參觀大灣區兩大低空經濟龍頭企業「億航智能」以及「中科雲圖」，了解智慧交通、空中物流、飛行汽車等低空經濟新興發展方向。課程的最後一天，參加者都順利完成中國民用航空局輕型民用無人機考證課程，並通過考核獲得無人機駕駛證。

The application of drones is becoming increasingly widespread, covering various fields including business, daily life, and scientific research. Consequently, mastering drone technology is becoming a crucial skill for the future job market. In recognition of this, the Foundation has sponsored a drone training programme organised by the Hong Kong Award for Young People, providing 40 young people with 30 hours of training in drone programming, operation, theory, and practical skills.



In mid-June, participants travelled to Dongguan for a four-day and three-night training, which featured visits to two leading companies in the low-altitude economy in the Greater Bay Area: EHang and GEOAI. They explored the latest developments in smart transportation, aerial logistics, and flying cars. On the final day of the course, all participants successfully completed the Civil Aviation Administration of China's light civil drone certification programme and obtained their drone pilot licences after passing the assessments.

青少年粵語配音培養計劃 Cantonese Voice Dubbing for Youth

配音已不僅是技術，更是一門融合情感與敘事的藝術，富有感染力的聲音演繹能為不同作品注入靈魂，深化觀眾的沉浸體驗。為培養新一代配音人才，基金資助了由油尖旺青年社主辦的「粵語配音新星計劃」，為30名本地青年提供系統性訓練。課程包括30小時的專業配音教學與實戰工作坊，學員為動畫或電影片段進行粵語配音創作。透過角色揣摩、情感表達及即場錄製等環節，參與者不僅能掌握聲音演繹的核心技巧，更能發掘自身創意潛能，用聲音重新詮釋故事。課程於7月中旬結業，參與學員都表示課程有趣，令他們學會更好地利用聲音表達情感。

Voice acting is not merely a skill — it is an art that melds emotion and storytelling. A compelling vocal performance can breathe life into various works and enhance the audience's immersive experience. To cultivate the next generation of voice talent, the Foundation has sponsored the courses — 'The Cantonese Dubbing for Youth', organised by the Yau Tsim Mong Youths Society.

The initiative provided 30 local youths with 30 hours of professional dubbing training and practical workshops. Participants engaged in creating Cantonese voiceovers for animated or film clips, delving into character exploration, emotional expression, and live recording sessions. This experience not only enabled



them to master the core vocal interpretation techniques but also to explore their creative potentials by reinterpreting stories through their voices. The course concluded in mid-July with all participants unanimously finding it enjoyable and beneficial in learning to use their voices more effectively to convey emotions.



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築願計劃

追夢計劃 Dream Pursuit Programme

為協助青年裝備有關紀律部隊的技能，基金資助了由「薪火計劃」主辦的培訓項目，為75名年青人提供33小時的密集課程，內容涵蓋衝突管理、危機應對、精神健康急救、調解技巧，以及運動生理與心理學基礎等。除了課堂學習，計劃更安排了學員前往佛山南海區的業餘體育學校，進行為期兩日一夜的實地交流與訓練。透過互動演練及專業指導，學員能親身體驗紀律部隊的工作情境，強化團隊協作與應變能力，為未來投身相關職業奠定堅實基礎。項目於8月尾圓滿結束。

To prepare youth with the necessary knowledge and abilities for the work of disciplinary forces, the Foundation sponsored a training programme organised by Project

Torch providing 75 young people with 33 hours of intensive courses. The curriculum covered conflict management, crisis response, mental health first aid, mediation skills, and the fundamentals of exercise physiology and psychology. In addition to classroom learning, the programme arranged a two-day, one-night hands-on exchange and training at an amateur sports school in Nanhai District, Foshan. Through interactive exercises and professional guidance, participants gained firsthand experience of the working environment of disciplinary forces. This experience strengthened their teamwork and adaptability skills, laying a solid foundation for future careers in related fields. The programme successfully concluded at the end of August.

明日新星「政策研究」青年領袖計劃2025 Policy Research Training for Future Leaders 2025

培養具備專業技能的公共行政人員對社會的發展尤為重要。為此，基金資助了由明匯智庫主辦的「青年公共行政人才培育計劃」，為60位有志青年提供總計47小時的系統化培訓。計劃於2025年2月開展，內容涵蓋政策理論研究、分析技巧及政策提案撰寫等核心能力。計劃採用「理論+實踐」的創新模式，除課堂學習外，亦安排了於2025年4月27至29日的大灣區實地調研考察活動、以及2025年5月5至7日三日兩夜的香港培訓營。學員更透過政策提案競賽，將所學知識轉化為具體方案，展現青年人的創新思維與政策研究能力。計劃已於7月底圓滿結束。

Nurturing public administrators with professional skills is crucial for societal development. The Foundation sponsored the programme organised by the Proactive

Think Tank, providing 60 aspiring youths with a total of 47 hours of training. The programme commenced in February 2025, covered core competencies such as policy theory research, analytical skills, and policy proposal writing. The programme employed an innovative 'Theory + Practice' model. In addition to classroom learning, it included a field research trip in the Greater Bay Area from April 27 to 29, 2025, and a three-day, two-night training camp in Hong Kong from May 5 to 7, 2025. Participants also engaged in a policy proposal competition, enabling them to transform their knowledge into concrete plans while showcasing their innovative thinking and policy research abilities. The programme successfully concluded at the end of July.

「醫者同行」義工訓練計劃 'Dr Dreamworks' – Volunteer Training Programme

面對人口老化及醫療需求持續上升的社會趨勢，專業護理人才的培養已成為當務之急。基金資助了由夢同行慈善基金主辦的「醫者同行」義工訓練計劃，為100名護理系畢業生、在讀學生及有志投身醫療護理領域的青年提供培訓。訓練計劃於2025年6月開展，提供46小時的系統化培訓，內容涵蓋老人護理實務、慢性痛症管理、復康治療技術及長者溝通技巧等專業知識。他們更於8月下旬前往深圳參觀大灣區先進醫療機構，親身體驗區域醫療服務最新發展。課程已於8月底完結，期望學員可利用所學繼續為社區照顧而努力。

In light of the aging population and the rising demand for healthcare, the cultivation of professional nursing talent has become urgent. The Foundation sponsored the 'Dr Dreamworks' Volunteer Training Programme, organised by the

Dreamworks Foundation, to provide training for 100 nursing graduates, current students, and youth aspiring to enter the healthcare field. The training programme commenced in June 2025 and offered 46 hours of instruction covering professional knowledge in areas such as elderly care practices, chronic pain management, rehabilitation techniques, and communication skills for seniors. Additionally, in late August, they visited advanced medical institutions in Shenzhen to experience the latest developments in regional healthcare services. The course concluded at the end of August, with hopes that participants will apply their knowledge to continue contributing to community care.

助青年 創明天
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大灣區共同家園青年公益基金
Greater Bay Area Homeland Youth Community Foundation



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